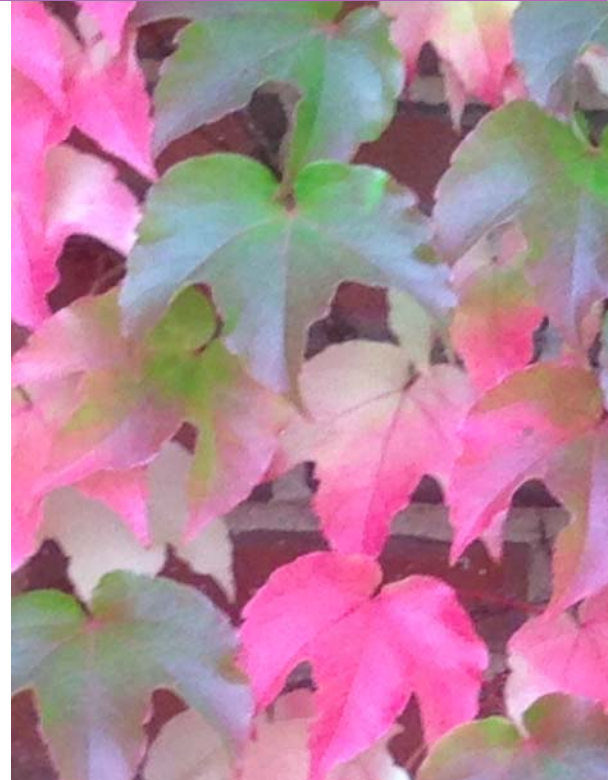


Do you have symptoms of depression?

- Are you feeling down or depressed?
- Have you lost interest in activities you used to enjoy?



ENROLL IN A NEW COMPUTER-BASED DEPRESSION TREATMENT STUDY

This study is available to Dartmouth Hitchcock employees and their adult family members.

What does participation involve for this depression treatment study?

Six 30-minute-to-1-hour Problem Solving Treatment sessions completed over 9 weeks at your convenience on the internet.

Important note: there is no counselor reviewing your responses, rather this program is intended to allow the individual to help themselves with tools described in the program. Individuals will be asked to evaluate the effectiveness of the program throughout the sessions. Please carefully review the information provided in the consent form.

To participate go to: <https://drpst.dartmouth.edu>
Login token: drpst

For more information call D-H EAP 603.650.5819
or email dhmc.eap@hitchcock.org